



DURING NOVEMBER HEALTH & SAFETY VISITS, CASEWORKERS WILL ASK ABOUT THE MENTAL HEALTH & BEHAVIORAL NEEDS OF THE CHILD IN YOUR CARE.

Please be prepared to discuss your concerns, observations and questions. Your insights and concerns are important in making appropriate plans for the children in your care. **Your Social Worker can help. They want to hear from you!**

1 in 5 Children Suffer from a Mental Health Challenge

Yet less than 20% of those affected get the support and services they need. Children's Administration wants to increase that percentage by assuring every child on our caseload has their needs met.



Tips & Resources

Keep a log of child's appointments & medications. Give log to SW at visit.



If your child is diabetic get bracelet ID. Contact child's doctor.



Free training for caregivers at
<https://allianceforchildwelfare.org/course-catalog>



Crisis Lines **24-hour Crisis Line**

1-866-427-4747

Teen Link

1-866-833-6546

National Alliance on Mental Illness (NAMI)

206-783-4288

office@namiwa.org

<http://www.nami.org/Local-NAMI?state=WA>